



FOR EMPLOYEES

Your health benefits, your choice

A simpler way to get coverage that fits your life — here's how it works.

Your employer is offering an **Individual Coverage HRA (ICHRA)**. Instead of a single company plan, you get a monthly allowance to choose the plan that's right for you — and it's yours to keep.

What you get

- **Your own plan.** Shop real options and pick the coverage that fits your family.
- **Keep your doctor.** Coverage follows you — it's not tied to your employer's network.
- **A personal physician.** Unlimited Direct Primary Care — same- or next-day visits, no copays.
- **Tax-free money.** Your allowance is tax-free and applied toward your premium.

✓ Your plan

✓ Your doctor

✓ Tax-free

✓ Unlimited DPC

How to choose your plan

- 1 See your allowance.** Your employer sets a monthly amount — we'll show you exactly what you have to work with.
- 2 Compare plans.** Browse plans in your area. We guide you so the options feel simple, not overwhelming.
- 3 Enroll with help.** Pick your plan and we handle the setup. Your allowance is applied automatically.

Quick answers

Can I keep my doctor? In most cases, yes — you choose a plan that includes them.

What if I leave my job? The plan is yours — you keep it.

Is my information private? Yes — the process is HIPAA-compliant and handled for you.

Questions? We're here to help.

[Get help choosing >](#)

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